

State of Alaska
FY2023 Governor's Operating Budget

Department of Corrections
Health and Rehabilitation Services
Results Delivery Unit Budget Summary

Health and Rehabilitation Services Results Delivery Unit

Contribution to Department's Mission

To provide essential health care and rehabilitation treatment services to offenders who are committed to the custody of the department.

Core Services

- Provide Required Behavioral Health Care Services
- Provide Required Physical Health Care Services
- Provide Required Substance Abuse Treatment Program
- Provide Required Sex Offender Management Program
- Provide Domestic Violence Program

Major RDU Accomplishments in 2021

Continued to lead the Department's COVID-19 response. This plan has met or exceeded all Center for Disease Control (CDC) recommendations and has helped guide the Department through multiple outbreaks in facilities across Alaska.

Expanded access to Medication Assisted Treatment to include bridging of buprenorphine, ongoing treatment for pregnant females with opiate use disorders and access to community methadone clinics during incarceration.

Worked to establish alternate methods to deliver important services during the COVID-19 pandemic. Including one-on-one counseling and education and instruction, clinician or educator supported self-study programs, video-based interventions, and closed-circuit television (CCTV) programming where available.

Telehealth treatment in rural areas was expanded as it has proven to be successful in providing services to offenders while allowing them to reside in areas that previously could not be accommodate due treatment requirements. This allows more offenders to remain in their home communities where they have safe, sober housing, employment opportunities and probation approved safety nets.

In FY2021 the Department of Corrections (DOC) expanded Substance Use Disorder (SUD) Treatment and continued to offer the following programs:

- Expansion of SUD services with adding Probation-based counselor in Palmer and Kenia area offices.
- Addition of 38 bed RSAT program at Palmer Correctional Center (PCC).
- Development and expansion of the Peer Support role in DOC programming statewide.
- Narcan distribution expansion statewide.
- All SUD staff were trained in the use of Motivational Interviewing.
- Implementation of gender specific trauma-based curriculum within Residential Substance Abuse Treatment (RSAT) programs.
- Adjusting SUD programming due to COVID constraints by offering SUD assessments and individual counseling telephonically.
- Offenders statewide were screened utilizing the American Society of Addiction Medicine (ASAM) Triage screening tool.

Increased data collection measures for SUD clients to better target intervention needs individuals struggling with opiate use.

Key RDU Challenges

Provide educational and vocational programming while movement and visitation is suspended due to COVID-19.

Provide substance abuse treatment while movement and visitation are suspended due to COVID-19.

Staff facilities off the road system with traveling correctional and medical employees where local restrictions are in place.

Health and Rehabilitation Services have faced many key challenges throughout the last fiscal year. Some are related to ongoing challenges associated with the increase in the number of complex and severely ill individuals entering Department of Corrections (DOC). Others are related to new challenges related to system growth, workforce development and most significantly this year the impact that COVID-19 has placed on our system. These challenges include:

Delivery of essential mental health services, given the rise in acuity and the increase in number of mentally ill who are being incarcerated along with the unique challenge of providing services to non-criminal Title 47 individuals who are held in protective custody within a DOC facility while awaiting transfer to inpatient treatment.

Containment of health care costs for an aging offender population, increased chronic health conditions and increased medical needs due to complex substance abuse issues while meeting operational expectations.

Due to increasingly complex mental illness often exacerbated by complicated substance abuse issues, mentally ill offenders are coming into the department's custody in worse shape than ever before.

While housing access has improved, more housing is needed to address the needs of the reentrants, particularly those with serious mental health needs. The Interagency Council, the Mental Health Trust, housing and reentry coalitions are working to improve access to safe, sober and appropriate housing resources for all Alaskans, including those being released from correctional facilities.

Due to a lack of treatment providers and treatment bed space, transition from institutional treatment programs to limited community-based treatment options is very limited. This includes referrals to community residential treatment center beds, sex offender management programs and treatment providers, and residential substance abuse after care programs. Release of offenders on probation or parole to viable release plans is premised on those realistically available resources.

Ensuring that prior to release, offenders are involved with the writing of a release plan that includes goals and action steps for securing available resources.

Limited community resources available for sex offenders being released who require treatment, supervision, basic needs and affordable housing.

There is a growing need for incentivizing offenders to enter and complete domestic violence education and treatment programming.

Continued increases in domestic violence convictions has led to increased demands on Batterers Intervention Programs (BIP). These programs are tasked with educating men and women convicted of domestic violence.

Significant Changes in Results to be Delivered in FY2023

No changes in results delivered.

Contact Information
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**Health and Rehabilitation Services
RDU Financial Summary by Component**

All dollars shown in thousands

	FY2021 Actuals				FY2022 Management Plan				FY2023 Governor			
	UGF+DGF Funds	Other Funds	Federal Funds	Total Funds	UGF+DGF Funds	Other Funds	Federal Funds	Total Funds	UGF+DGF Funds	Other Funds	Federal Funds	Total Funds
Formula Expenditures None.												
Non-Formula Expenditures												
Health and Rehab Director's Ofc	1,002.6	0.0	0.0	1,002.6	1,075.6	0.0	0.0	1,075.6	1,046.9	0.0	0.0	1,046.9
Physical Health Care	49,100.1	12,139.1	0.0	61,239.2	61,205.4	7,871.1	0.0	69,076.5	61,304.5	7,180.3	0.0	68,484.8
Behavioral Health Care	9,281.1	367.4	0.0	9,648.5	10,190.4	508.6	0.0	10,699.0	10,925.3	504.9	0.0	11,430.2
Substance Abuse Treatment Pgm	4,687.1	70.8	140.0	4,897.9	5,477.0	70.8	150.0	5,697.8	5,465.9	70.8	150.0	5,686.7
Sex Offender Management Program	2,513.9	0.0	0.0	2,513.9	3,036.4	0.0	0.0	3,036.4	3,013.5	0.0	0.0	3,013.5
Domestic Violence Program	930.2	0.0	0.0	930.2	175.0	0.0	0.0	175.0	175.0	0.0	0.0	175.0
Reentry Unit	391.1	0.0	0.0	391.1	784.7	0.0	0.0	784.7	764.3	0.0	0.0	764.3
Totals	67,906.1	12,577.3	140.0	80,623.4	81,944.5	8,450.5	150.0	90,545.0	82,695.4	7,756.0	150.0	90,601.4

Health and Rehabilitation Services
Summary of RDU Budget Changes by Component
From FY2022 Management Plan to FY2023 Governor

All dollars shown in thousands

	<u>Unrestricted Gen (UGF)</u>	<u>Designated Gen (DGF)</u>	<u>Other Funds</u>	<u>Federal Funds</u>	<u>Total Funds</u>
FY2022 Management Plan	73,236.0	8,708.5	8,450.5	150.0	90,545.0
One-time items:					
-Behavioral Health Care	0.0	0.0	-315.0	0.0	-315.0
Adjustments which continue current level of service:					
-Health and Rehab Director's Ofc	-28.7	0.0	0.0	0.0	-28.7
-Physical Health Care	460.6	-837.5	-690.8	0.0	-1,067.7
-Behavioral Health Care	-273.4	0.0	311.3	0.0	37.9
-Substance Abuse Treatment Pgm	2,092.5	-2,103.6	0.0	0.0	-11.1
-Sex Offender Management Program	-22.9	0.0	0.0	0.0	-22.9
-Reentry Unit	-20.4	0.0	0.0	0.0	-20.4
Proposed budget increases:					
-Physical Health Care	476.0	0.0	0.0	0.0	476.0
-Behavioral Health Care	1,008.3	0.0	0.0	0.0	1,008.3
FY2023 Governor	76,928.0	5,767.4	7,756.0	150.0	90,601.4